Self-Employment
Guide

COST EVALUTATION EXERCISE

In the early stages of thinking about your business idea, you should make a rough estimate of how much product or service you will need to sell each month to keep the business open. You can do this with a few simple calculations. The **Cost Evaluation Exercise** is a quick check to see if your business idea will work before you spend too much time on planning.

Step 1: Estimates

First, write down your estimates for these four categories:

 Monthly personal living expenses (such as rent, utilities, food, insurance)

A =

• Monthly fixed costs for your business (such as rent, utilities, insurance, advertising)

B =

 Cost to buy one unit of a similar product or service

 $\mathbf{C} =$

 Cost of materials to make one unit of a similar product or service

D =

Step 2: Calculations

Plug your estimates from Step 1 into these calculations:

Total monthly expens A+B = total monthly		
Α	+B	total monthly expenses

•	Gross profit per unit sales C - D = gross profit per unit sales						
_		-		gross profit par unit sale	_		
	C		D	gross profit per unit sale	;5		

Next, use monthly expenses (A + B) and gross profit per unit sales (C-D) estimates to figure out how many units of a product or service you need to sell each month.

Step 2: Calculations, continued

How many units you need to sell each month total monthly expenses ÷ gross profit per unit = how many units you need to sell each month						
total monthly expenses	gross profit per unit	how many units you need to sell per month				

Step 3: Thumbs Up or Thumbs Down?

Now that you have figured out how many units, you'll need to sell each month to cover your total monthly expenses, think about these questions:

- How long will it take you to make and sell this many units each month?
- Does this seem possible?
- Do you want to work this hard?
- Can you work this much with your disability?





If you answered "no" to any of these questions, talk your business idea over with your VR counselor.

- Do you want to change your business idea to make it more feasible?
- Are there accommodations that could help?
- Would getting a job working for an established business be a better plan?



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